

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jared de Waal

Has successfully participated & completed the

8km Eastern Nights Trail Run

held at The Lake Club, Benoni.

TIME 00:40:35

PACE 05:03/km

OVERALL 8 of 87

01 August 2019, Thu

Date

GENDER 7 of 45

OPEN 4 of 21



BoutTime

Signature